



The time limit for the completion of the Gran Fondo Gdynia event

Time limits:

Distance Gran Fondo: 7 hours

Distance Medio Fondo: 4 hours 30 minutes

Distance Family Fondo: 2 hours

To be classified in the Medio Fondo distance, the race must be finished under 4 hours and 30 minutes.

To be classified in the Medio Fondo distance, the race must be finished under 2 hours.

Time limit for finishing the individual legs of the Gran Fondo distance:

The time of finishing the route sections is counted from the start of the race by the chief judge.

Route point (km)	Route point description	Limit (HH:MM)	Notes
69,5 km	Entry to the second loop	02:45	After this time you will not be able to continue the race. The athlete will be able to finish the race over the Medio Fondo distance
86 km	4th mountain climb	03:30	After this time you will not be able to continue the race.
95 km	5th mountain climb	03:50	After this time you will not be able to continue the race.
111 km	6th mountain climb	04:30	After this time you will not be able to continue the race.